

	Competitor	Club	Races	Points
1	Sandrine Fraisse	Saddleworth Runners	9	250
2	Monica Boland	Saddleworth Runners	7	242
3	Lisa Carter	Radcliffe AC	8	242
4	Karen Hallett	Middleton Harriers	5	237
5	Tracy Loughrey	Astley & Tyldsley	6	232
6	Suzanne Darke	Saddleworth Runners	4	194
7	Shirley Tuersley	Saddleworth Runners	3	146
8	Toni Brackstone	Middleton Harriers	1	50
8	Jane Hodgson	Saddleworth Runners	1	50
10	Joanne Ogden	Saddleworth Runners	1	49
11	Elma Fitzpatrick	Rosendale Harriers	1	48
12	Sharon Lever	Saddleworth Runners	1	47
13	Elma Ikin	Rosendale Harriers	1	45