

	Competitor	Club	Races	Points
1	Catherine Murphy	Middleton Harriers	4	194
2	Catherine Unwin	Rochdale Harriers	4	191
3	Shirley Tuersley	Saddleworth Runners	3	148
4	Sissel Lundberg-Bury	Rosendale Harriers	3	147
5	Diane Winterburn	Rochdale Harriers	1	50
6	Tracy Loughrey	Astley & Tyldsley	1	49
7	Joanne Walsh	Rochdale Harriers	1	47