

	<b>Competitor</b>	<b>Club</b>	<b>Races</b>	<b>Points</b>
1	Janet Haworth	Rossendale Harriers	6	249
2	Jill Boustead	Saddleworth Runners	3	147
3	Anna Blomfield	Rochdale Harriers	2	100
4	Hilary Farren	Rossendale Harriers	2	98
5	Susan Hinde	Saddleworth Runners	2	97
6	Christobel Heginbotham	Saddleworth Runners	1	50
7	Jackie Mason	Rochdale Harriers	1	49
7	Nicky Snook	Saddleworth Runners	1	49