

	Competitor	Club	Races	Points
1	Thornton Taylor	Rossendale Harriers	7	250
2	Andrew Essex	Saddleworth Runners	5	243
3	Charlie Barlow	Saddleworth Runners	8	242
4	Paul Collinge	Middleton Harriers	5	239
5	John Heathcote	Saddleworth Runners	7	238
6	Barry Greaves	Royton RR	4	196
7	Andrew Biddle	Rossendale Harriers	4	178
8	Craig Sutherland	Middleton Harriers	2	91
9	Robert Ashworth	Rossendale Harriers	1	50
10	Dave Agnew	Saddleworth Runners	1	49
10	Steve Jackson	Horwich RMI	1	49
12	Gordon Stone	Horwich RMI	1	47
13	Bruce Bridgestock	Saddleworth Runners	1	46
14	Mark Brakespear	Saddleworth Runners	1	44