

	Competitor	Club	Races	Points
1	Jill Butterworth	Rochdale Harriers	5	248
2	Lisa Carter	Radcliffe AC	5	216
3	Stephanie Harrison	Rochdale Harriers	4	181
4	Susanne Andrew	Radcliffe AC	5	164
5	Rachel Haslam	Astley & Tyldsley	4	159
6	Karen Conduit	Rochdale Harriers	5	157
7	Janet Haworth	Rosendale Harriers	4	155
8	Sheila McNulty	Radcliffe AC	4	145
8	Rose Rowson	Middleton Harriers	4	145
10	Kate Perceval	Radcliffe AC	3	144
11	Fiona Lynch	Radcliffe AC	3	141
12	Janine Jordan	Middleton Harriers	4	130
13	Shirley Tuersley	Saddleworth Runners	3	121
14	Claire Matchwick	Astley & Tyldsley	3	120
15	Catherine Unwin	Rochdale Harriers	4	117
16	Jane Hodgson	Saddleworth Runners	3	113
17	Karen Hallett	Middleton Harriers	3	109
18	Nicola Smith	Rochdale Harriers	4	108
19	Sissel Lundberg-Bury	Rosendale Harriers	3	107
20	Monica Boland	Saddleworth Runners	3	102
21	Joanna Adamson	Middleton Harriers	2	95
22	Emma Bail	Middleton Harriers	2	93
22	Claire Cobby	Saddleworth Runners	2	93
24	Catherine Murphy	Middleton Harriers	3	90
25	Ruth Hutchison	Saddleworth Runners	2	88
26	Anna Blomfield	Rochdale Harriers	2	84
27	Brenda Roberts	Saddleworth Runners	3	83
27	Abigail Thompson	Rosendale Harriers	2	83
29	Jan Needham	Rochdale Harriers	2	81
30	Kathryn Saville	Saddleworth Runners	2	70
31	Lorna Holt	Rosendale Harriers	2	64
32	Kay Campbell	Astley & Tyldsley	2	60
33	Jillian Heywood	Royton RR	2	51
34	Bridget Lancashire	Saddleworth Runners	1	50
34	Kay Welsby	Rochdale Harriers	1	50
36	Donna Cartwright	Radcliffe AC	1	49

	Competitor	Club	Races	Points
36	Gaynor Keane	Saddleworth Runners	1	49
36	Fiona Williams	Rochdale Harriers	1	49
39	Christobel Heginbotham	Saddleworth Runners	1	45
39	Kate Holden	Radcliffe AC	1	45
41	Nicky Snook	Saddleworth Runners	1	44
42	Diane Winterburn	Rochdale Harriers	1	43
43	Susie Hirst	Rochdale Harriers	1	42
43	Caroline Smith	Rossendale Harriers	1	42
45	Suzanne Darke	Saddleworth Runners	1	41
46	Kate Ealing	Rossendale Harriers	1	38
47	Tracy Loughrey	Astley & Tyldsley	1	37
48	Chloe Hirst	Rochdale Harriers	1	36
49	Laura Fitten	Rochdale Harriers	1	31
50	Jill Boustead	Saddleworth Runners	1	30
51	Joan Cooke	Astley & Tyldsley	1	29
51	Susan Hinde	Saddleworth Runners	1	29
53	Hilary Farren	Rossendale Harriers	1	27
54	Joanne Walsh	Rochdale Harriers	1	25
55	Ruth Hare	Middleton Harriers	1	20