

	Competitor	Club	Races	Points
1	Jill Butterworth	Rochdale Harriers	6	248
2	Fiona Lynch	Radcliffe AC	6	240
3	Kate Percival	Radcliffe AC	5	240
4	Lisa Carter	Radcliffe AC	9	232
5	Stephanie Harrison	Rochdale Harriers	7	232
6	Karen Hallett	Middleton Harriers	7	214
7	Rachel Haslam	Astley & Tyldsley	6	209
8	Janet Haworth	Rossendale Harriers	6	206
9	Rose Rowson	Middleton Harriers	8	205
10	Bridget Lancashire	Saddleworth Runners	4	200
11	Janine Jordan	Middleton Harriers	7	195
12	Sheila McNulty	Radcliffe AC	6	191
13	Catherine Murphy	Middleton Harriers	7	186
14	Susanne Andrew	Radcliffe AC	6	174
15	Karen Conduit	Rochdale Harriers	6	163
16	Shirley Tuersley	Saddleworth Runners	4	160
17	Brenda Roberts	Saddleworth Runners	5	155
18	Jane Hodgson	Saddleworth Runners	4	154
19	Monica Boland	Saddleworth Runners	4	149
20	Catherine Unwin	Rochdale Harriers	5	145
21	Joanna Adamson	Middleton Harriers	3	143
22	Nicola Smith	Rochdale Harriers	5	133
23	Jan Needham	Rochdale Harriers	3	123
24	Claire Matchwick	Astley & Tyldsley	3	120
25	Jill Boustead	Saddleworth Runners	3	109
26	Kathryn Saville	Saddleworth Runners	3	108
27	Sissel Lundberg-Bury	Rossendale Harriers	3	107
28	Caroline Chambers	Saddleworth Runners	2	98
28	Lorna Holt	Rossendale Harriers	3	98
30	Fiona Williams	Rochdale Harriers	2	95
31	Emma Bail	Middleton Harriers	2	93
31	Claire Cobby	Saddleworth Runners	2	93
31	Anne-Marie Hindle	Rossendale Harriers	2	93
34	Ruth Hutchison	Saddleworth Runners	2	88
35	Anna Blomfield	Rochdale Harriers	2	84
36	Abigail Thompson	Rossendale Harriers	2	83

	Competitor	Club	Races	Points
37	Ruth Hare	Middleton Harriers	3	77
38	Susan Hinde	Saddleworth Runners	2	75
39	Christine Smith	Rossendale Harriers	2	69
40	Kay Campbell	Astley & Tyldsley	2	60
40	Hilary Farren	Rossendale Harriers	2	60
42	Jillian Heywood	Royton RR	2	51
43	Kay Welsby	Rochdale Harriers	1	50
44	Donna Cartwright	Radcliffe AC	1	49
44	Gaynor Keane	Saddleworth Runners	1	49
44	Emily Morgan	Rossendale Harriers	1	49
47	Louise Waller	Rossendale Harriers	1	46
48	Claire Goddard	Saddleworth Runners	1	45
48	Christobel Heginbotham	Saddleworth Runners	1	45
48	Kate Holden	Radcliffe AC	1	45
51	Nicky Snook	Saddleworth Runners	1	44
51	Catherine Wilson	Rossendale Harriers	1	44
53	Diane Winterburn	Rochdale Harriers	1	43
54	Susie Hirst	Rochdale Harriers	1	42
55	Suzanne Darke	Saddleworth Runners	1	41
56	Kate Ealing	Rossendale Harriers	1	38
57	Karen Goldswain	Rossendale Harriers	1	37
57	Tracy Loughrey	Astley & Tyldsley	1	37
59	Chloe Hirst	Rochdale Harriers	1	36
59	Gill Simpson	Rossendale Harriers	1	36
61	Jane Hughes	Rossendale Harriers	1	35
62	Laura Fitten	Rochdale Harriers	1	31
63	Jackie Mason	Rochdale Harriers	1	30
64	Joan Cooke	Astley & Tyldsley	1	29
65	Joanne Walsh	Rochdale Harriers	1	25