

Pos.	Competitor	Club	Cat.	Score	Races
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**Overall:**

1	Rob James	Royton RR	MSEN	247	5
2	Dave McGrath	Radcliffe AC	MSEN	242	5
3	Tim Campbell	Astley & Tyldsley	MV40	215	5

Pos.	Competitor	Club	Cat.	Score	Races
1	Susanne Andrew	Radcliffe AC	LV45	225	5
1	Karen Conduit	Rochdale Harriers	LV60	246	5

Pos.	Competitor	Club	Cat.	Score	Races
1	Rob James	Royton RR	MSEN	248	5
2	Dave McGrath	Radcliffe AC	MSEN	244	5
3	Jorden Burke	Middleton Harriers	MSEN	229	5
1	Tim Campbell	Astley & Tyldsley	MV40	247	5
1	John Andrew	Radcliffe AC	MV45	229	5
1	Alex Frost	Rochdale Harriers	MV50	238	5
2	Kevin Jones	Saddleworth Runners	MV50	229	5
3	Paul Swyers	Radcliffe AC	MV50	219	5
1	Peter McNulty	Radcliffe AC	MV60	245	5
1	Jeff Hignett	Rosendale Harriers	MV65	250	5
1	Tony Greene	Saddleworth Runners	MV70	247	5