



**Rossendale Harriers &
Athletic Club**

Harriers Mid-Week Series 2017

26 July – 7.00 **Lee Mill** – Registration/start Lee Mill Quarry – Bacup
10k and 550m

Contact Richard Stott – 07456 486266 richardstott53@yahoo.com

2 Aug – 7.30 **Whittle Pike** – Registration Cowpe Village hall

Includes Junior race for U15s

8.2k and 488m

Contact Nick Harris – 07956 344174 nick.harris@northmanchester.net

9 Aug – 7.15 **Pilgrims Cross** – Registration Sunnybank Social Club, Helmshore.
N.B. Start 15 minutes away

9.7k and 336m

Contact Helen Yeomans 01706 226617 nelehyeomans@gmail.com

16 Aug – 7.00 **Golf Ball** – Registration CPA club, Commercial St., Loveclough

8.8k and 244m

Includes Series Prizegiving

Contact Jan Kempson 07961 010199 jankempson@btconnect.com

All races £4