

	Competitor	Club		Races	Points
1	Helen Macdonald	Horwich RMI	LV40	6	241
2	Heather Dalgleish	Rossendale Harriers	LV40	4	197
3	Kate Heginbotham	Saddleworth Runners	LV40	4	182
3	Janine Jordan	Middleton Harriers	LV40	4	182
5	Kay Welsby	Rochdale Harriers	LV40	3	149
6	Yasmin Boodhun	Holcombe Harriers	LV40	3	145
7	Kirsty Agnew	Royton RR	LV40	3	140
8	Lindsey Brindle	Horwich RMI	LV40	2	100
9	Sophie Syme	Saddleworth Runners	LV40	1	48
10	Zoe Mills	Saddleworth Runners	LV40	1	47
11	Hena Chaudry	Rossendale Harriers	LV40	1	46
11	Charlene Leyden	Radcliffe AC	LV40	1	46