

	Competitor	Club		Races	Points
1	Sandra McGrail	Middleton Harriers	LV60	6	244
2	Kathryn Davies	Radcliffe AC	LV60	4	198
3	Jennie Ransome	Rochdale Harriers	LV60	3	150
4	Susan Hinde	Saddleworth Runners	LV60	3	142
5	Suzanne Alcock	Saddleworth Runners	LV60	2	95
6	Suzanne Budgett	Horwich RMI	LV60	1	50
7	Hilary Farren	Rossendale Harriers	LV60	1	48
7	Nicky Snook	Saddleworth Runners	LV60	1	48